

ABSTRACT

- 5 An exercise apparatus, preferably for rehabilitative exercise, and comprising means for allowing resisted linear movement combined with resisted rotative movement of for instance feet of a user, not shown pedals being mounted on shafts 8 attached to a chain 11 extending around sprocket wheels 12-16 provided with first braking means 17, for instance a first electrical motor 17, connected to the chain 11 for exerting a
- 10 variable resistance against movement to and fro of the chain with the pedals attached thereto. The shaft 8 is adapted for rotation against the influence of second braking means, for instance a not shown second electrical motor for exerting a variable resistance against rotation to and fro of the shaft with the pedals attached thereto. The braking means may be mechanical.

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(Fig. 2)